



Patient info label here

Our multidisciplinary team is comprised of a physician, dietitian, behavioural therapist, nutritionist and personal trainer. Our team works together to provide a comprehensive service to overweight and obese patients to ensure that all aspects of health involved in the accumulation of excess weight are addressed. We achieve this in part by using the Canadian Practice Guidelines on the Management and Prevention of Obesity.

Patient Name: _____

Patient Phone #: _____

Referring Provider: _____

Date of Referral: _____

Height: _____ Weight: _____ BMI: _____

CRITERIA

Have a BMI over 30 and are looking to reduce their risk of obesity related co-morbidities or need to lose weight for medical or surgical reasons

OR

Have BMI between 27 and 30 who suffer with other medical co-morbidities

AND

Patient motivated and willing to commit to regular group or individual sessions

Patient has no uncontrolled mental health conditions

Is this request urgent yes no

Is the patient aware of this referral? yes no

Are you part of a FHO? yes no
Family health Organization

REASON FOR REFERRAL

Lifestyle Weight Management Program

Optifast Weight Management Program*

Dietitian services ONLY*

Behavioural Therapist services ONLY*

**Fee applicable for non-physician services*

Referring health care provider and signature

Date

Please fax completed form. We will contact your patient.